

Dr. Sutpal Singh, DPM, FACFAS

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www.footandanklespecialist.com

CV

Diplomat, American Board of Foot and Ankle Surgery

- Board Certified in Reconstructive Rearfoot and Ankle Surgery : Certified 2002, Recertified 2010, 2020 (#R5506)
- Board Certified in Foot Surgery: Certified 2000, Recertified 2008, 2018 (#R5976)
- Fellow American Professional Wound Care Association

Fellowship Training: The use of the Ilizarov Multi-planar External Fixator in Deformity Correction

- Kurgan, Russia: Ilizarov Fellowship Trained: Russian Ilizarov Scientific Center for Restorative Traumatology and Orthopedics. Bone Deformity Correction, Trauma, and Lengthening Specialist: 2002
Ilizarov Methodology in Russia. www.ilizarov.ru/project/default_en.php

Mini-Fellowship in Ilizarov Deformity Correction using Multi-planar External Fixators

- Athens, Greece: Transosseous Osteosynthesis in Lower Limb Reconstruction at the Orthopedic Dept of Thriassion Hospital, Limb Lengthening Reconstructive Unit in 6/2004
- Kurgan, Russia: Russian Ilizarov Scientific Center for Restorative Traumatology and Orthopedics. Bone Deformity Correction, Trauma, and Lengthening in 10/2003
- Athens, Greece: Transosseous Osteosynthesis in Injuries and Diseases of the Foot and Ankle, at the Limb Lengthening and Reconstructive Unit in 4/2003
- Kurgan, Russia: Russian Ilizarov Scientific Center for Restorative Traumatology and Orthopedics. Bone Deformity Correction, Trauma, and Lengthening in 2001

Teaching Position

- 2012-2018 Teaching surgical residents of Mt Sinai Hospital at St Alexius Medical Center
- 4/2005 to 2010 Ilizarov Surgical Residency Instructor at Doctor's Hospital West Covina. Three year surgical residency program

Published articles as the primary author/surgeon

- Diabetic Ankle Fracture with Distal Tibial and Fibular Varus Corrected Using the Ilizarov Methodology:

Journal of Diabetic Foot Complication. Sept 30, 2009

- Open Dislocated Diabetic Ankle Fracture Secondary to a Motor Vehicle Accident Treated with the use of an Ilizarov Apparatus: Journal of Foot and Ankle Surgery Online. Feb 2010
- Talar Neck Fracture Reduced and Stabilized with an Ilizarov External Fixator: A case report with three year follow up: Journal of Foot and Ankle Surgery Online. July 2010
- Leiomyosarcoma of the foot: A case report. Journal of Foot and Ankle Surgery Online. Nov 2010
- Talar and Calcaneal Y-Osteotomy with Distraction Osteogenesis for Correction of Rigid Equinus. International Medical Education. Journal of Foot and Ankle Surgery Online. International Foot and Ankle Foundation. April 2011
- Diabetic Limb Salvage in the Septic Ankle: Case Studies of Arthrodesis of the Ankle Using the Ilizarov Methodology. International Foot and Ankle Foundation. The Foot and Ankle Online Journal Nov 2011.
- Infected Gouty Soft Tissue Mass at the Achilles tendon in a Diabetic pt. The Foot and Ankle Online Journal May 2013

Lecture Presentations and Workshops

- **2013** Chicago Lower Extremity Surgical Foundation (Faculty) Presenter on Calcaneal fractures with the use of an Ilizarov external fixation
- **11/2-11/4 2012** Chicago Lower Extremity Surgical Foundation (Faculty) Presenter on External Fixation
- **4/2/2011** Ilizarov Lecture presentation and Cadaver Workshop for Trauma and Charcot Reconstruction for Foot and Ankle Surgeons at DHWC
- **12/22/2010** Cadaver workshop for residents and students at DHWC for lower extremity nerve decompression from the common peroneal nerve at the fibular neck to distal nerves on the foot. Surgical demonstration using loupes. Surgical correction of foot drop using the 1) Posterior tibial tendon transfer vs 2) Anterior tibial tenodesis to the tibia
- **04/21/2010** Lecture presentation on the use of the Ilizarov Methodology in the treatment of Pilon fractures to the Riverside Orthopedic Residency Program
- **07/18/2009** Lecture and Workshop presentation on the uses of Multi-Plane External Fixation to the Foot and Ankle in Trauma and Deformity Correction on fresh Cadaver specimens. This was presented to Foot and Ankle Surgeons at Doctors Hospital of West Covina
- **06/2008** Lecture on the uses of the Ilizarov Methodology using External Fixation to the Foot and Ankle Surgeons in Anaheim, CA at the Western Podiatric Medical Congress
- **12/2007** Lecture presentation to Podiatric Surgeons at the New York Podiatric Surgical Conference in the use of External fixation in reconstructive foot and ankle surgery
- **01/2006** Lecture and Workshop presentation to the DePuy Surgical Reps and Staff on the use of the Ring External Fixation on the deformities of the Foot and Ankle. Ontario, Ca
- **11/2005** A case presentation on a Diabetic Charcot Foot Deformity was presented to a group of Foot and Ankle Surgeons in San Diego, Ca
- **06/2005** Diabetic Foot and Ankle Seminar in preventing Foot Amputations, Barstow Comm. Hospital, CA
- **03/2005** Surgical Instructor of the Cadaver Workshop on the Foot and Ankle, West Covina, Ca
- **06/2004** Surgical Instructor of the Ilizarov External Fixation Frame at the Western Podiatric Medical Congress, Anaheim, Ca
- **11/2003** Ilizarov Applications in the Foot and Ankle, Doctor's Hosp West Covina
- **01/2003** "Charcot Reconstruction and Diabetic Foot Reconstruction", Barstow Comm. Hospital
- **11/2001** Provided a lecture presentation on the Diabetic Foot Seminar: Helping Prevent Lower Limb Amputation and Surgical Reconstruction, St. Mary Educational Center
- **12/1998** Provided a lecture presentation on the Diabetic Foot Seminar, St. Mary Educational Center

- **06/1997** Provided a lecture presentation on the Diabetic Foot: Conservative Care, Surgical Reconstruction, and Amputation, Granada Hills Community Hospital
- **06/1996** Provided a lecture presentation on the Diabetic Foot: Conservative Care, Surgical Reconstruction, and Amputation, VA West LA
- **04/1995** Provided a lecture presentation on the Diabetic Foot: Conservative Care, Surgical Reconstruction, and Amputation, VA West LA

Education

- Fellowship in Leg Lengthening, Traumatology and Bone Deformity Correction, Kurgan, Russia (2002)
- Chief Resident in Foot and Ankle Surgery, VA Hospital at West LA (1996)
- Medical and Surgical Residency in Foot and Ankle, VA Hospital at West LA (1994-1996) RPR 12 + PSR 12
- DPM (Doctor of Podiatric Medicine) with Pi Delta Honors, CCPM (1994)
- BS in Biochemistry with Cum Laude Honors, UCLA (1986)

Certificates

- Board Certified in Reconstructive Rearfoot/Ankle Surgery (ABPS)
- Board Certified in Foot Surgery (ABPS)
- Ilizarov Certificate in Bone Deformity Correction, Trauma, and Bone Lengthening by the Russian Ilizarov Scientific Center for Restorative Traumatology and Orthopedics in 2003
- Ilizarov Fellow in Bone Deformity Correction, Trauma, and Bone Lengthening by the Russian Ilizarov Scientific Center for Restorative Traumatology and Orthopedics 2002
- Ilizarov Certificate in Bone Deformity Correction, Trauma, and Bone Lengthening by the Russian Ilizarov Scientific Center for Restorative Traumatology and Orthopedics in 2001
- Carbon Dioxide Laser Surgery
- Holmium Laser Surgery
- Arthroscopic Surgery of the foot and ankle
- ESWT Ossatron Shock Wave Treatment
- Endoscopic Foot Surgery
- Microsurgery: Certified in Microsurgery of Arteries, Veins, and Nerves. Columbia Presb Orthopedic Institute: Microsurgery Research and Training. NY, NY
- Agility Ankle Total Ankle Joint Replacement Certified
- Inbone Total Ankle Joint Replacement Certified
- Tornier Salto Talaris Ankle Joint Replacement Certified.

Advanced Surgical Training

- 11/1/2012 Chicago
Flap Cadaver Dissection Skills Workshop at the Orthopedic Learning Center
- 9/16/2011 Detroit
S.T.A.R. Total Ankle Joint Replacement Certification Workshop
- 7/19/2010 California
S.T.A.R. Total Ankle Joint Replacement Workshop
- 6/2011 California
Ankle Arthroscopy Cadaver Workshop

- 6/2011 California
Ankle and Foot Trauma Cadaver Workshop
- 6/2011 California
Rear foot Osteotomy Cadaver Workshop
- 11/2010 Dellon Institute for Peripheral Nerve Surgery: Advanced Lower Extremity Peripheral Nerve Surgery Workshop by A. Lee. Dellon, MD, PHD, Professor of Plastic Surgery and Neurosurgery at Johns Hopkins University, Baltimore, MD
- 8/5/2010 Duke University, NC
Duke Plastic Surgery Flap Reconstructive Course
- 7/31/2010 Riverside, Ca
Tornier Salto Talaris Ankle Joint Replacement
- 10/2009: San Diego
Inbone Total Ankle Joint Replacement
- 07/2006: San Diego
Application of the Ilizarov Fixators and Taylor Spatial Frame Fixators to the Foot and Ankle
- 02/2006: Chicago
Agility Total Ankle Implant
- 01/2006: Chicago
Comprehensive Foot and Ankle Arthroscopy
- 08/2005: Columbia, South America
Surgical Deformity Correction of the Foot, Ankle and Leg Using Ilizarov Technique
- 12/2004: Pittsburgh, PA
Depuy External Fixation Leg lengthening
- 10/2004: Memphis, TN
Advanced Foot and Ankle Applications of External Frames
- 08/2004: Ontario Canada
Advanced Podiatric Course, Toronto
- 08/2004: Columbia, South America
Surgical Leg Lengthening and Deformity Correction with Ilizarov Technique
- 06/2004: Athens, Greece: Mini-Fellowship
Transosseous Osteosynthesis in Lower Limb Reconstruction at the Orthopedic Dept of Thriassion Hospital, Limb Lengthening Reconstructive Unit
- 12/2003: NY, NY
Microsurgery: Artery, Vein, and Nerves. Columbia Presb Orthopedic Institute: Microsurgery Research and Training
- 10/2003: Kurgan, Russia: Mini-Fellowship
Transosseous Osteosynthesis in the Management of Injuries and Diseases of the Tibia and Foot using the Ilizarov Method at the Russian Ilizarov Scientific Center for Restorative Traumatology and Orthopedics
- 08/2003: Atlanta Georgia
Foot and Ankle Applications with the use of Ilizarov
- 06/2003: California
External Fixation at the Western Conference
- 05/2003: San Antonio, Tx
Taylor Spatial Frame
- 04/2003: Athens, Greece: Mini-Fellowship
Transosseous Osteosynthesis in Injuries and Diseases of the Foot and Ankle, at the Limb Lengthening and Reconstructive Unit

- 02/2003: Florida
External Fixation Workshop ACFAS
- 12/2002: Honduras, San Pedro Sula
San Pedro Sula Hospital Leonardo Martinez Reconstructive Surgery on adults and children
- 09/2002-11/2002: Kurgan, Russia
Ilizarov Fellowship at the Russian Ilizarov Scientific Center for Restorative Traumatology and Orthopedics
- 08/2002-09/2002: Baltimore
Ilizarov 12th annual ASAMI meeting
- 08/2002: Atlanta, Georgia
Ilizarov External Fixation
- 05/2002: California
The Baja Project For Crippled Children
- 11/2001: Columbia, South America
Surgical Leg Lengthening and Deformity Correction with Ilizarov Technique
- 08/2001: Kurgan, Russia: Mini-Fellowship
Russia Advanced Ilizarov Course on the Treatment of Patients with Tibia, Ankle and Foot Pathology. This was performed at the Russian Ilizarov Scientific Center for Restorative Traumatology and Orthopedics
- 05/2001: California
Plastic Surgery, Flatfoot Reconstructive Surgery & External Fixation
- 04/2001: Columbia, South America
Surgical Leg Lengthening and Deformity Correction with Ilizarov Technique
- 03/2001: Chicago
Trauma of the Foot and Ankle Surgical Course/ Orthopedic Learning Center
- 02/2001: New Orleans
American College of Foot and Ankle Surgeons Annual Seminar
- 11/2000: Harvard Medical School, Boston
Diabetic Foot Management
- 05/2000: California
Rear foot Surgery; Foot and Ankle Internal Fixation; Bone Grafting; Wound Care & Forefoot Surgery
- 03/2000: Chicago
Trauma of the Foot and Ankle/Orthopedic Learning Center
- 01/2000: Chicago
Ankle Reconstruction/Orthopedic Learning Center
- 03/1999: Georgia
Complex External Fixation of the Foot, Ankle, and Leg
- 12/1998: Georgia
Surgical Techniques of the Foot, Ankle and Leg
- 05/1998: California
Foot and Ankle Internal Fixation; Rear foot Surgery & Advance Ankle Arthroscopy
- 12/1997: Georgia
Laser Arthroscopy
Arthroscopic Surgery of the Foot and Ankle
- 11/1997: Georgia
Surgical Techniques of the Foot, Ankle and Leg
- 09/1997: Missouri
External Fixation on the Foot/ Ankle/Leg (Ilizarov type: Bone deformity correction and lengthening principles)
- 05/1997: California

Rear foot Surgery; Ankle Stabilization; Advanced Fixation; Endoscopic Foot Surgery &Advanced Arthroscopy

- 11/1996: Chicago
Arthroscopy/Orthopedic Learning Center

Associations

- CPMA California Podiatric Medical Association
- APMA American Podiatric Medical Association
- American College of Foot and Ankle Surgeons
- Association for the Study and Application of the Methods of Ilizarov-Lower Extremity
- IPMA Illinois Podiatric Medical Association

Hospital Privileges

- St. Alexius Medical Center
- Alexian Brothers Hospital
- Advocate Good Shepherd

State Licenses

- California
- Illinois